

Team Building Workshop Proposal

Prepared for Estefania Huitron, AltaMed Health Services · Medical Education · August 2026

EVENT DETAILS

Date	Tuesday, November 3, 2026	Window	8:00am to 12:00pm
Group size	Approximately 45	Instructors	Two Cool Beans Comedy instructors
Length	60 or 90 minutes	Focus	Team, leadership, relationships

LOCATION OPTIONS

Option A: On-site at Commerce **RECOMMENDED**

2040 Camfield Ave, Los Angeles, CA 90040

Cool Beans Comedy travels to you. AltaMed provides the space and catering. Nothing to coordinate with an outside venue.

Workshop fee only. No venue or catering cost.

Option B: Hosted in Pasadena

The Ice House, Pasadena

Cool Beans Comedy hosts AltaMed in Pasadena. Adds venue rental plus a light breakfast and buffet lunch for 45.

Workshop fee + venue + catering. Venue and catering quote to follow.

WORKSHOP FEE (IDENTICAL FOR EITHER LOCATION)

LENGTH	RATE	TOTAL	50% DEPOSIT
60 minutes	\$45 per person, per hour × 45 people	\$2,025.00	\$1,012.50
90 minutes	\$45 per person, per hour × 45 people	\$3,037.50	\$1,518.75

Includes two instructors, curriculum designed around your three stated goals, all materials and setup, travel, and instructor fees.

A group of 45 needs two rooms. Two instructors will run this workshop, splitting the group into two of roughly 22, so every person is actively participating rather than watching. If two breakout spaces are available that morning we would ask for them. If only one large room is possible, we will build the session around that instead.

Deposit. A 50% deposit reserves November 3 and both instructors. The balance is due after the workshop. Pay securely online, or we can invoice AltaMed directly.

60 minutes: book.stripe.com/fZu3cv14h1w24VM4155Rm0f

90 minutes: book.stripe.com/8x27sLeV7eiOewmeFJ5Rm0g

Card processing fee is included, so the 60-minute deposit is charged as \$1,044.00 and the 90-minute as \$1,565.00.

